

Win-Win Workplace Solutions

www.winwinworkplace.com

Sam Alibrando, Ph.D., Business Psychologist

Sam Alibrando, Ph.D., was president of APC, Inc., his own consulting firm, until he joined forces with Gail Schaper-Gordon, Ph.D., and Win-Win Workplace Solutions. For much of his career as a psychologist, Sam has worked with organizations and senior executives coping with critical business and change-management challenges, interpersonal challenges, and transitions. He also facilitates targeted workshops on leadership development and enhancing people-processes within organizations and teams, including *How to Succeed with Difficult People* and *Hire, Inspire and Fire: Getting the Best People in Your Organization*.

Sam started his career over 30 years ago as a psychotherapist. His interest in leadership and organizational development led him first to leadership positions he assumed himself. In the late 1980s and early 1990s he was Director of the Fuller Psychological and Family Services, a large university-affiliated training and services organization. He also served as President of the San Gabriel Valley Psychological Association and liaison in government affairs to the California Psychological Association. A frequent and respected lecturer and seminar leader, Sam's seminal work on change processes is capped by his book, *Follow the Yellow Brick Road: How to Change for the Better When Life Gives You Its Worst*. Sam has also written articles on such topics as executive coaching, organizational development, and managing difficult people. He has worked with large, mid-size, and smaller corporations, firms, and non-profits on a range of assignments—all focused on diminishing conflict, enhancing communication, and accelerating sound decision-making. Sam also has solid experience in executive assessment and development, executive selection, on-boarding, and coaching along with team-building and organizational development. Sam received his bachelor's degree from Rutgers University and his doctorate from the Rosemead School of Psychology. He is currently an adjunct professor, previously an associate clinical professor, at Fuller's Graduate School of Psychology.

When he is not working, Sam likes to spend time with his wife and teenage children in sunny Pasadena, California (or any where he can possibly travel with them). He enjoys small dinner parties with good food, wine, and conversation, as well as singing around a piano, hiking, biking, skiing, and "trying" to play tennis, and especially traveling anywhere interesting in the world. Sam was born into a large Italian American clan just outside of Philadelphia (and to this day he is a die-hard Eagles fan). After getting his B.A. at Rutgers, in New Jersey, he made his way to California, where he received his second master's degree and a doctorate, with a stop-off in the

Chicago area, where he received his first master's degree, in psychology, and experienced freezing, eating delicious pizza, and listening to great Chicago-style blues.